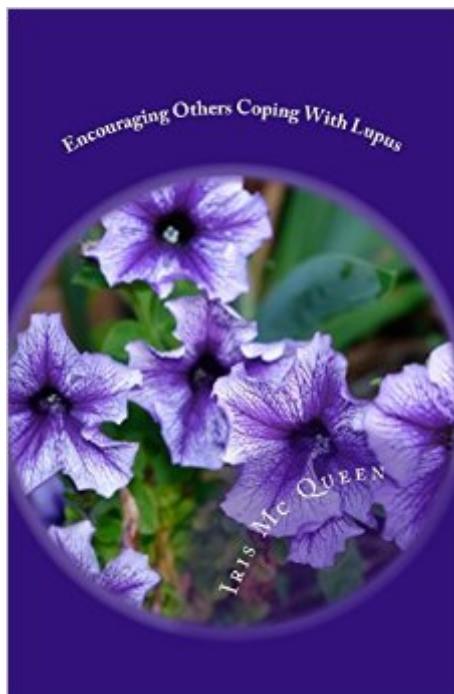


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# Encouraging Others Coping With Lupus: You Are Not Alone



## Synopsis

" Take Back Control Of Your Life " Encouraging lupus patients as well as their family and friends. You will discover while reading this book: Being diagnosed with lupus is not the end of the world. How the author struggled living with this mysterious illness and never gave up. Inspirational passages and scriptures throughout the book. A guide for lupus patients and their loved ones. Living with lupus you are not alone. What causes lupus? There is life after lupus. How you can live with lupus. Throughout this lupus book you will read a story called searching for a diagnosis. Many facts on lupus and also some helpful pointers. Different Autoimmune Diseases. This book has other information and facts on Fibromyalgia, Different types of Arthritis, Thyroid disease, Chronic fatigue, Depression, Stress, Insomnia, Anemia, Sjogren's syndrome, Inflammatory bowel disease, Hair loss , Raynaud's phenomenon. This is an awesome book and i just wanted everyone to know it is not just about lupus. Information on other problems associated with having lupus. Different types of treatment goals. You will have a better understanding about lupus and how to cope with the illness. Don't quit and never give up. This is your life, what will you do?

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